

Patient Information Form

Date _____
Pat. ID _____

Please print

Name _____ Social Security # _____
(First) (M.) (last)

Address _____ DOB _____ AGE _____

City/State/Zip _____ Sex M F Marital Status S M D W

Home # _____ Work # _____ Cell # _____

EMAIL _____

Occupation _____ Employer _____ Address _____

Spouse's name _____ Emergency Contact _____ Phone # _____

Insurance Information (circle one) HMO PPO Major Medical Auto Work Comp Medicare Medicaid

Name of policyholder _____ Policy # _____

Insurance Co Name _____ Group # _____

Secondary Insurance (circle one) HMO PPO Major Medical Auto Work Comp Medicare Medicaid

Name of policyholder _____ Policy # _____

Insurance Co Name _____ Group # _____

- Is your condition due to an: A) Auto Accident B) Work Injury C) Other Accident
D) Unknown Cause E) Illness F) Sport Injury

I understand and agree that health and accident insurance policies are an arrangement between the insurance carrier and me. I authorized payment from my insurance carrier directly to Dr. Steven J. Melilli with the understanding that all monies will be credited to my account upon receipt. However, I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, all fees for professional services rendered to me will be immediately due and payable. In the event of default, I promise to pay legal interest on the indebtedness, together with such collection costs and reasonable attorney fees as may be required to affect collection.

Patient Signature _____ Date _____

Patient Data Sheet

General Information

First Name _____

Middle Name _____

Last Name _____

Race (Circle Only 1) American Indian Alaska Native
 Asian White
 Black or African American
 Native Hawaiian Other Pacific Islander
 Declined to State

<i>For Office Use Only</i>	
Account Number	_____
Patient Height	_____
Patient Weight	_____
Patient BMI	_____
Patient Blood Pressure	_____

Ethnicity (Circle Only 1) Declined to State Hispanic or Latino
 Not Hispanic or Latino

Preferred Language _____

Email Address _____

Smoking Status (Circle Only 1) Current Every Day Smoker Smoking Start Date: _____ End Date: _____
 Current Some Day Smoker
 Former Smoker
 Never Smoker

In an effort to quit smoking, I am currently taking: _____

Do you have any allergies to medication? Yes No
 If Yes, please indicate the following:

Allergy: _____	Allergy: _____
Reaction: _____	Reaction: _____
Start Date: _____	Start Date: _____
End Date: _____	End Date: _____
Allergy: _____	Allergy: _____
Reaction: _____	Reaction: _____
Start Date: _____	Start Date: _____
End Date: _____	End Date: _____

Are you currently taking any new medication since your last visit? Yes No
 If Yes, please indicate the following:

Medication: _____	Medication: _____
Route: Oral Intravenous	Route: Oral Intravenous
Other: _____	Other: _____
Frequency: _____	Frequency: _____
Began Use: _____	Began Use: _____
Discontinued Use: _____	Discontinued Use: _____
Medication: _____	Medication: _____
Route: Oral Intravenous	Route: Oral Intravenous
Other: _____	Other: _____
Frequency: _____	Frequency: _____
Began Use: _____	Began Use: _____
Discontinued Use: _____	Discontinued Use: _____

Patient Health Questionnaire

Patient Number: _____

Patient Name _____

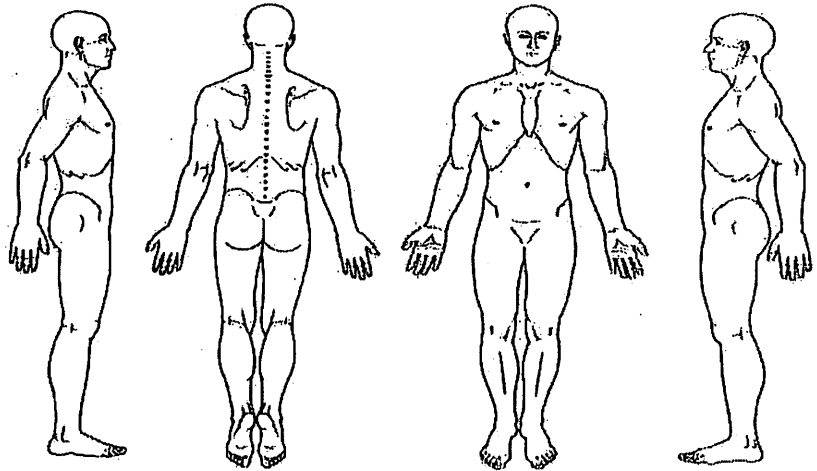
Date _____

1. When did your symptoms start: _____

Describe your symptoms and how they began:

2. How often do you experience your symptoms? Indicate where you have pain or other symptoms

- ① Constantly (76-100% of the day)
- ② Frequently (51-75% of the day)
- ③ Occasionally (26-50% of the day)
- ④ Intermittently (0-25% of the day)



3. What describes the nature of your symptoms?

- ① Sharp ④ Shooting
- ② Dull ache ⑤ Burning
- ③ Numb ⑥ Tingling

4. How are your symptoms changing?

- ① Getting Better
- ② Not Changing
- ③ Getting Worse

5. How bad are your symptoms at their:

- None Unbearable
- a. worst: ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪
- b. best: ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪

6. How do your symptoms affect your ability to perform daily activities?

- ① No complaints ② Mild, forgotten with activity ③ Moderate, interferes with activity ④ Limiting, prevents full activity ⑤ Intense, preoccupied with seeking relief ⑥ Severe, no activity possible

7. What activities make your symptoms worse:

8. What activities make your symptoms better:

9. Who have you seen for your symptoms?

- ① No One ③ Medical Doctor ⑤ Other
- ② Other Chiropractor ④ Physical Therapist

a. When and what treatment?

b. What tests have you had for your symptoms and when were they performed?

- ① Xrays date: _____ ③ CT Scan date: _____
- ② MRI date: _____ ④ Other date: _____

10. Have you had similar symptoms in the past?

- ① Yes ② No

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

- ① This Office ③ Medical Doctor ⑥ Other
- ② Other Chiropractor ④ Physical Therapist

11. What is your occupation?

- ① Professional/Executive ④ Laborer ⑦ Retired
- ② White Collar/Secretarial ⑤ Homemaker ⑧ Other
- ③ Tradesperson ⑥ FT Student

a. If you are not retired, a homemaker, or a student, what is your current work status?

- ① Full-time ③ Self-employed ⑤ Off work
- ② Part-time ④ Unemployed ⑥ Other

12. What do you hope to get from your visit/treatment (select all that apply):

- ① Reduce symptoms ③ Explanation of condition/treatment ⑤ How to prevent this from occurring again
- ② Resume/increase activity ④ Learn how to take care of this on my own ⑥

Patient Signature _____

Date _____

Patient's Name: _____ Number: _____ Date: _____

NECK DISABILITY INDEX

This questionnaire has been designed to give the doctor information as to how your neck pain has affected your ability to manage in everyday life. Please answer every section and mark in each section ONE box which applies to you. We realize you may consider that two of the statements in any one section relate to you, but please just mark the box which MOST CLOSELY describes your pain.

Section 1 – Pain Intensity

- I have no pain at the moment
- The pain is very mild at the moment
- The pain is moderate at the moment
- The pain is fairly severe at the moment
- The pain is very severe at the moment
- The pain is the worst imaginable at the moment

Section 2 – Personal Care (Washing, Dressing Etc.)

- I can look after myself normally without causing extra pain
- I can look after myself normally but it causes extra pain
- It is painful to look after myself and I am slow and careful
- I need some help but manage most of my personal care
- I need help every day in most aspects of self-care
- I do not get dressed, I was with difficulty and stay in bed

Section 3 – Lifting

- I can lift heavy weights without extra pain
- I can lift heavy weights but it gives extra pain
- Pain prevents me from lifting heavy weights off the floor, but I if they are conveniently positioned i.e. on a table.
- Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned
- I can lift very light weights
- I cannot lift or carry anything at all

Section 4 – Reading

- I can read as much as I want to with no pain in my neck
- I can read as much as I want to with slight pain in my neck
- I can read as much as I want to with moderate pain
- I cannot read as much as I want because of moderate pain in my neck
- I can hardly read at all because of severe pain in my neck
- I cannot read at all

Section 5 – Headaches

- I have no headaches at all
- I have slight headaches which come infrequently
- I have slight headaches w come frequently
- I have moderate headaches which come infrequently
- I have moderate headaches which come frequently
- I have headaches almost all the time

Signature: _____

Score: _____

Section 6 – Concentration

- I can concentrate fully when I want to with no difficulty
- I can concentrate fully when I want to with slight difficulty
- I have a fair degree of difficulty in concentrating when I want to
- I have a lot of difficulty in concentrating when I want to
- I have a great deal of difficulty in concentrating when I want to
- I cannot concentrate at all

Section 7 – Work

- I can do as much as I want to
- I can only do my usual work, but no more
- I can do most of my usual work, but no more
- I cannot do my usual work
- I can hardly do any work at all
- I cannot do any work at all

Section 8 – Driving

- I drive my car without any neck pain
- I can drive my car as long as I want with slight pain in my neck
- I can drive my car as long as I want with moderate pain in my neck
- I cannot drive my car as long as I want because of moderate pain in my neck
- I can hardly drive my car at all because of severe pain in my neck
- I cannot drive my care at all

Section 9 – Sleeping

- I have no trouble sleeping
- My sleep is slightly disturbed (less than 1 hr. sleepless)
- My sleep is moderately disturbed (1-2 hrs. sleepless)
- My sleep is moderately disturbed (2-3 hrs. sleepless)
- My sleep is greatly disturbed (3-4 hrs. sleepless)
- My sleep is completely disturbed (5-7 hrs. sleepless)

Section 10 – Recreation

- I am able to engage in all my recreation activities with no neck pain at all
- I am able to engage in all my recreation activities, with some pain in my neck
- I am able to engage in most, but not all of my usual recreation activities because of pain in my neck
- I am able to engage in few of my usual recreating activities because of pain in my neck
- I can hardly do any recreation activities because of pain in my neck
- I cannot do any recreation activities at all

Patient's Name: _____ Number: _____ Date: _____

Oswestry Low Back Pain Disability Questionnaire

This questionnaire has been designed to give us information as to how your back or leg pain is affecting your ability to manage in everyday life. Please answer by checking **ONE** box in each section for the statement which best applies to you. We realize you may consider that two or more statements in any one section apply, but please just mark the box that indicates the statement which most clearly describes your problem.

Section 1 – Pain Intensity

- I have no pain at the moment
- The pain is very mild at the moment
- The pain is moderate at the moment
- The pain is fairly severe at the moment
- The pain is very severe at the moment
- The pain is the worst imaginable at the moment

Section 2 – Personal Care (Washing, Dressing Etc.)

- I can look after myself normally without causing extra pain
- I can look after myself normally but it causes extra pain
- It is painful to look after myself and I am slow and careful
- I need some help but manage most of my personal care
- I need help every day in most aspects of self care
- I do not get dressed, I wash with difficulty and stay in bed

Section 3 – Lifting

- I can lift heavy weights without extra pain
- I can lift heavy weights but it gives extra pain
- Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently placed on a table
- Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned
- I can lift very light weights
- I cannot lift or carry anything at all

Section 4 – Walking

- Pain does not prevent me walking any distance
- Pain prevents me from walking more than 1 mile
- Pain prevents me from walking more than ½ mile
- Pain prevents me from walking more than 100 yards
- I can only walk using a stick or crutches
- I am in bed most of the time

Section 5 – Sitting

- I can sit in any chair as long as I like
- I can only sit in my favorite chair as long as I like
- Pain prevents me from sitting more than one hour
- Pain prevents me from sitting more than 30 minutes
- Pain prevents me from sitting more than 10 minutes
- Pain prevents me from sitting at all

Section 6 – Standing

- I can stand as long as I want without extra pain
- I can stand as long as I want but it gives me extra pain
- Pain prevents me from standing for more than 1 hour
- Pain prevents me from standing for more than 30 minutes
- Pain prevents me from standing for more than 10 minutes
- Pain prevents me from standing at all

Section 7 – Sleeping

- My sleep is never disturbed by pain
- My sleep is occasionally disturbed by pain
- Because of pain I have less than 6 hours sleep
- Because of pain I have less than 4 hours sleep
- Because of pain I have less than 2 hours sleep
- Pain prevents me from sleeping at all

Section 8 – Sex Life (If applicable)

- My sex life is normal and causes no extra pain
- My sex life is normal but causes some extra pain
- My sex life is nearly normal but is very painful
- My sex life is severely restricted by pain
- My sex life is nearly absent because of pain
- Pain prevents any sex life at all

Section 9 – Social Life

- My social life is normal and gives me no extra pain
- My social life is normal but increases the degree of pain
- Pain has no significant effect on my social life apart from limiting my more energetic interests eg. sports
- Pain has restricted my social life and I do not go out as often
- Pain has restricted my social life to my home
- I have no social life because of pain

Section 10 – Traveling

- I can travel anywhere without pain
- I can travel anywhere but it gives me extra pain
- Pain is bad but I manage journeys over two hours
- Pain restricts me to journeys of less than one hour
- Pain restricts me to short necessary journeys under 30 minutes
- Pain prevents me from traveling except to receive treatment

Signature: _____

Score: _____

Complaints

Chart _____

Head: (circle as many as apply)

A) **Headache** 1) Mild 2) Moderate 3) Severe Frequency: (1 2 3 4 5 6 7) times per (Day Week Month)
Are they: 1) Sharp 2) Dull 3) Constant 4) Intermittent
Location: 1) back of head 2) forehead 3) right side 4) left side 5) behind eyes

B) Light Headed C) Dizziness D) Loss of Balance E) Blurred Vision F) Ringing in Ears G) Fainting
H) JAW Pain I) sensitivity to light

Neck: (circle as many as apply)

A) **Pain:** 1) Left Side 2) Right Side 3) Both **Pain Level:** 1) Mild 2) Moderate 3) Severe
Pain Increased by: 1) Forward bending 2) Backward Bending 3) rotating head to left 4) rotating
Head to the right 5) bending neck left 6) bending neck right
B) Stiffness C) Muscle Spasm D) Grinding

Shoulders: (circle as many as apply)

A) Pain in Joint	Left	Right	Both
B) Limitation of Motion	Left	Right	Both
C) Tension	Left	Right	Both
D) Location	Front	Back	

Arms and Hands: (circle as many as apply)

A) Pain in upper arm	Left	Right	Both
B) Pain in elbow	Left	Right	Both
C) Pain in forearm	Left	Right	Both
D) Pain in wrist	Left	Right	Both
E) Numbness in arm	Left	Right	Both
F) Numbness in forearm	Left	Right	Both
G) Numbness- hand and fingers	Left	Right	Both

Low Back: (circle as many as apply)

A) Lumbar Pain	Left	Right	Both
B) Sacroiliac joint pain	Left	Right	Both
C) muscle spasm	Left	Right	Both

Pain Level: 1) Mild 2) Moderate 3) Severe

Mid Back: (circle as many as apply)

A) Pain	Left	Right	Both
B) Muscle spasm	Left	Right	Both
C) Rib pain	Left	Right	Both

Pain Level: 1) Mild 2) Moderate 3) Severe

Hips and Legs: (circle as many as apply)

A) Pain in Buttocks	Left	Right	Both
B) Pain in Hips	Left	Right	Both
C) Pain in Leg	Left	Right	Both
Radiates to:	1) sole of foot 2) top of foot 3) calf 4) back of leg 5) hamstring 6) thigh		
D) Numbness down Leg	Left	Right	Both
E) Numbness in Foot/Toes	Left	Right	Both
F) Knee pain	Left	Right	Both

Foot and Ankle: (circle as many as apply)

A) Ankle Pain	Left	Right	Both
B) Swollen Ankle	Left	Right	Both
C) Foot Pain	Left	Right	Both

Name (Print) _____ Signature _____ Date _____

History

Chart _____

Personal Health History: (circle as many as apply)

- | | | | | |
|-------------------|---------------------|---------------------|----------------------|--------------------|
| AIDS/HIV | Cataracts | Hernia | Osteoporosis | Stroke |
| Alcoholism | Chemical Dependency | Herniated Disc | Pacemaker | Suicide attempt |
| Allergies | Chickenpox | Herpes | Parkinson's disease | Thyroid Problems |
| Anemia | Depression | High Blood Pressure | Pinched Nerve | Tonsillitis |
| Anorexia | Diabetes | High Cholesterol | Pneumonia | Tuberculosis |
| Appendicitis | Emphysema | Kidney Diseases | Polio | Tumors |
| Arthritis | Epilepsy | Liver Disease | Prostate Problems | Ulcers |
| Asthma | Fractures | Measles | Prosthesis | Vaginal Infections |
| Bleeding disorder | Glaucoma | Migraines | Psoriasis | Venereal disease |
| Blocked arteries | Goiter | Miscarriage | Psychiatric Care | Whooping Cough |
| Breast lump | Gout | Mononucleosis | Rheumatoid Arthritis | Other _____ |
| Bronchitis | Heart Disease | Multiple Sclerosis | Rheumatic Fever | _____ |
| Cancer | Hepatitis | Mumps | Scarlet fever | _____ |

Name of Primary Care Physician _____

Date of Last Exam _____

Women: Are you pregnant Y N Nursing? Y N Taking Birth Control Pills? Y N

List any surgeries you have had and the dates:

Family Health History:

Associated health problems of relatives: _____

Deaths in immediate family:

Cause of parent's or sibling's death	Age of Death
_____	_____
_____	_____
_____	_____

Name (print) _____ Signature _____ Date _____